

LA CAÑADA UNIFIED SCHOOL DISTRICT

Elementary Schools

Parent and Student Handbook

2016-2017



**Palm Crest
Elementary School**
5025 Palm Drive
La Cañada, CA 91011
Ph.: 818-952-8360
Fax: 818-952-8365
Attendance Hotline:
818-949-4875
**Between 7:30 a.m.
and 10:00 a.m.**

**La Cañada
Elementary School**
4540 Encinas Drive
La Cañada, CA 91011
Ph.: 818-952-8350
Fax: 818-952-8355
Attendance Hotline:
818-952-8339
**Between 7:30 a.m.
and 10:00 a.m.**

**Paradise Canyon
Elementary School**
471 Knight Way
La Cañada, CA 91011
Ph.: 818-952-8340
Fax: 818-952-8337
Attendance Hotline:
818-949-4881
**Between 7:30 a.m.
and 10:00 a.m.**

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WELCOME

The La Cañada Elementary Schools offer a comprehensive education program for children in kindergarten through sixth grade. Our elementary school campus is full of experienced and talented staff members who are working hard to sustain a rigorous and supportive learning environment. The staff is dedicated to the mission of providing a rich educational environment which challenges all students to think critically, solve complex problems, express themselves articulately in speaking and writing, and work cooperatively and individually in a diverse and multicultural world. The intent of the faculty and support personnel is to help each child develop intellectually, emotionally, and physically to the best of the child's ability. In collaboration with parents, volunteers and community members, we have much to offer to students as they develop their characters, stretch their thinking and experience the world around them in preparation for a successful future.

The district curriculum is implemented in all the elementary schools and is designed to reflect the goals of the State Standards and the district designed goals and objectives. Ancillary programs which provide academic support for students include English Language Development (ELD), Gifted and Talented Education (GATE) and Special Education Service. Enrichment programs include art, music, drama and Spanish. An overview of the curriculum is provided for parents during "Back-To-School Night" in the fall, and parents will see student work samples of the curriculum at "Open House" in the spring. As needed, specific curriculum programs may be presented periodically.

SCHOOL HOURS – SUPERVISION

School Hours

The school playground is open to students in grades 1-6 with employee supervision 15 minutes before school hours each morning as indicated under "Arrival Times."

	<u>*Arrival Times</u>	<u>School Hours</u>
Morning TK and Kindergarten:	8:10 a.m.	8:10 a.m. – 11:50 a.m.
Afternoon TK and Kindergarten:	11:20 a.m.	11:20 a.m. – 3:00 p.m.
Grades 1 – 3: Early Birds	7:55 a.m. - 8:10 a.m.	8:10 a.m. – 1:50 p.m.
Grades 1 – 3: Late Birds	8:55 a.m. - 9:10 a.m.	9:10 a.m. - 2:50 p.m.
Grades 4 – 6:	7:55 a.m. - 8:10 a.m.	8:10 a.m. - 2:50 p.m.

**If your child(ren) must arrive before these times, parents must make arrangements for childcare before and/or after school hours. Please see DAY CARE (below) for more information.*

Early/Late Bird Program (Grades 1-3)

To facilitate the Language Arts program, La Cañada schools conduct an Early Bird/Late Bird program in grades one through three. Approximately one half of each class begins at 8:10 a.m. and is dismissed at 1:50 p.m. (Early Birds). The other half begins at 9:10 a.m. and is dismissed at 2:50 p.m. (Late Birds). This schedule permits smaller group instruction with a more individualized Language Arts program at the beginning and end of the school day.

During the first two weeks of school, all 1st and 2nd grade students will have a special schedule to provide teachers with time to administer individual reading assessments. The 3rd grade children will be "All Day Birds" (8:10 a.m. to 2:50 p.m.). The Early Bird/Late Bird program begins in the third week of school.

Day Care

The School District does not provide day care; however, day care is available on campus before and after school hours.

For information contact:

Child Educational Center (CEC)

140 Oak Grove Drive, LCF
(818) 354-3418 or (818) 790-5473

Delivering Items or Messages to Students or Teachers

Messages to students will be delivered only in **emergencies**. Late lunches should be left on the office shelf with the student's name clearly marked. Students are encouraged to check the shelf during their break periods or on their way to lunch. **The office staff will not disrupt classroom instruction.** Messages to teachers should be called in or given to the school office. Children must have a teacher's note giving them permission to use the office telephone. Students are not to use the office phone or cell phones to call home for forgotten lunches, lunch money, and homework assignments or to make after school play date arrangements.

Cell Phones

Students are permitted to have a cell phone at school. It must be OFF and stored in their backpack during school hours. Cell phones are NOT to be used during the school day. Cell phones will be confiscated and returned to the parent if students are using cell phones during the school day.

LUNCHES, SNACK AND TREATS

Food Service

La Cañada Unified School District provides lunch services at each of its elementary schools. Milk comes with the lunch or may be purchased separately. Each student is issued a lunch account number. In order to deposit money into the account, place a check or cash in an envelope and deposit it in the collection box located in the school office. You may also deposit money electronically by visiting the school website and looking under the [Parents Tab](#). This should be done before 10:00 a.m. if the money is needed that day. Parents are encouraged to keep track of the number of lunches their children use and their lunch account number. Students will be reminded verbally if their account is getting low. Students are able to have two lunches on an empty account, after which they will be offered a sandwich lunch and parents will be notified via email.

Lunches from Home

If you choose to pack a lunch for your child, please consider your child's likes and dislikes and the amount of food he or she is able to eat. While we understand each parent must make food choices for their children, we encourage healthful foods that reflect a balanced diet. Candy and soda are not permitted. We also are unable to assist students in preparing foods that require microwave ovens or additional preparation steps. ***Please send your child's lunch to school with them. Forgotten lunches may be placed on the lunch cart outside the office. Please inform your children about the lunch cart in case they ever forget their lunch. Classrooms may not be interrupted for calls about forgotten lunches.***

Allergies & Food Treats

Please contact your child's teacher or the school office before you bring class treats or food items to school. We are responsible for making certain that students who have medical conditions or allergies to certain foods are accommodated at all times. Do not use nuts or nut products in any classroom treat or project. Do not distribute unscheduled snacks to a class or in the cafeteria because it is impossible for us to screen ingredients. Many food items that appear harmless have hidden ingredients. For student birthdays, it is recommended to have your child donate a book to the classroom library or bring nonfood items such as pencils or stickers (see Classroom Party Policy, page 16). Additional information is available from the Health Clerk.

SITES VISITATION POLICY School/Classroom Visitation Policy

Parents are welcome to visit their school and to volunteer in classrooms. In order to maintain a safe and secure campus, all parents must **first check in at the office and must wear a visitor or volunteer badge until they leave campus**. If parents elect to volunteer, younger and older siblings may not accompany the parent. Parents who want to observe or visit the class of their child must get permission from the teacher and the administrator at least 24 hours prior to the visit. Only one such visit is permitted per semester. The duration of the visit may not be longer than one class period, or about 40 minutes. Unless parents are trained recess volunteers, visits on the playground are not encouraged. This would include both recess and lunchtime.

PARENT INVOLVEMENT

Parent Teacher Association (PTA)

The Parent Teacher Association (lcepta.org, palmcrestpta.org, pcypta.org) actively promotes and sponsors activities that benefit the children of La Cañada Schools. PTA meetings are held monthly and all parents are invited to attend. Informative programs on a wide variety of topics are presented at these meetings as well as at other times throughout the year.

Some of the PTA activities involve volunteers who devote time as classroom volunteers, library and computer lab aides, resource people, clerical aides, drivers, room representatives or other school volunteers. Parents should contact the teacher or room representative to find out how they can help. School volunteers must sign in at the school office when they arrive on campus. Parent volunteers must have a current TB test on file in the school's main office. **Parents who go on overnight field trips must be fingerprinted.** Ask in the office to learn of the procedures for TB testing and/or fingerprinting.

The PTA facilitates communication between the school and home through regular email updates and flyers sent home with students. The PTA President and Executive Board members are listed on the PTA websites. Please contact them if you would like to volunteer or have questions and/or suggestions about PTA programs and activities.

Funds raised at PTA activities have been used for curriculum materials, playground equipment, computers, library books, art materials, assemblies, PE equipment and in so many other important ways.

LCAP Council

The Local Control Accountability Plan (LCAP) is a three-year plan outlining the District's priorities and vision for students. The LCAP presents the strategies and objectives as well as demonstrates how the budget will support the each of the identified priorities. Every school in the district has a parent/community outreach LCAP Council to provide input and serve as spokespeople in the development and monitoring of the district LCAP at the sites.

ATTENDANCE

Absences

Please call the attendance hot line phone number listed on the cover page of this handbook between 7:30 a.m. and 10:00 a.m. to report your child's absence for that day. Please indicate the reason for the absence and the probable duration. **Note: If your child has been ill for five or more days, the child must have a doctor's note to return to school.**

We ask you to support our efforts to increase student attendance by doing the following:

1. Allow your child to stay home only when he/she has a contagious illness, has a fever or diarrhea, or is vomiting.

2. Schedule doctor appointments for your child outside of school hours. But if there is no other option, please bring your child to school before or after the appointment.
3. Plan your family vacations during the summer or school holidays.
4. Contact your child's teacher or the school office to obtain information regarding missed assignments.

Consistent school attendance is to your child's benefit. For each day students are absent, they get more than two days behind their peers. It is difficult to make up missed learning and catch up with new learning at the same time.

Tardies

When arriving to school late, parent/guardians must sign their child(ren) in through the office and receive a "Tardy Pass" before being admitted to class. Parent/guardians will be notified of excessive tardies. Habitual tardiness is considered truancy.

Student Attendance Review Team (SART) / Student Attendance Review Board (SARB)

When a student's absences and/or tardies become excessive (5 or more unexcused absences and/or 5 or more tardies – arriving after the morning bell), a SART meeting may be called to address the issues contributing to the student's poor attendance record. A SART meeting includes the school's principal, counselor, resource officer, and parent/guardian. If the SART contract does not encourage improved attendance, then a referral will be made to SARB, the next step in the process, where an outside attendance panel and a district attorney will be assigned to the case. **Please be sure to make attendance a priority with your child(ren).**

Student Release during School Hours

A student must have a release notice signed by his or her parent/guardian or special permission given by the parent/guardian to the office before being released during school hours. If you plan to pick up a child, please come into the office where the child will be waiting. Please do not go directly to the classroom. The "Sign-Out" sheet must be signed when a child leaves at a time other than the regular dismissal time. Students can only be released to individuals 18 or older who are listed on the emergency card.

Requesting Homework

When a child is absent from school up to three days, work must be completed in the amount of days equal to the absence, plus one day. If the absence is more than 3 days, please make a request for schoolwork by calling the office in the morning. This gives teachers time to compile the assignments and make them available for pick up.

Independent Study Contract

We believe that the best education for your child comes with regular daily attendance; however, an Independent Study Contract may be requested if a student will be absent 5 or more consecutive days. The purpose of the contract is to provide the student the opportunity to complete assignments during an extended absence. The contract also allows the District to regain lost revenue from the State. The contract requires that the student complete the same amount of school work as if sitting in the classroom each day. Depending on the grade level, the amount of work could equal 4 or more hours per full day of absence.

- To obtain a contract, you must contact the school office and your child's teacher at least 1 week prior to taking your child out of school.
- Carefully consider the impact the absences will have on your child as classroom instruction cannot be duplicated through the Independent Study work.
- To receive full credit, all assigned work must be complete and turned in to the office the day the student returns to school.

Independent Study - Please note: The teachers take much time and careful thought to compiling the Independent Study work. Before making this commitment, please make sure that you and your child are prepared to set time aside to complete the assigned work. While every attempt will be made to assign appropriate work, a student's grades may be lowered if the absences significantly interfere with the student's learning in one or more subject areas.

SCHOOL SAFETY

Drop-Off/Pick-Up

Each school will provide parents specific information regarding drop-off/pick-up procedures prior to the first day of school. Parents and students must follow the established school guidelines regarding drop-off/pick-up to ensure the safety of all students. All school sites have established car lines to facilitate student drop-off/pick-up. When using the car lines, vehicles are to move in a single line and as far forward as possible. Students must wait for vehicles to come to a complete stop to safely enter or exit them from the passenger side only. Students cannot jaywalk across streets to enter vehicles. Vehicles may not double park. A campus supervisor and/or parent volunteer will be available to assist students during drop-off and pick-up times.

Walking To & From School

Students are urged to use caution at all times when using public streets and sidewalks. Where sidewalks do not exist, students should walk on the left side of the street, facing traffic.

Bicycles, Skateboards, Scooters, Roller Blades/Roller Sneakers

Bicycles may be ridden to school by grades 4, 5, and 6 students **only**. A Bicycle Permit is available in the school office and must be signed by a parent. Riding bicycles on school grounds is prohibited at all time. Bicycles are to be walked while on school grounds and must be locked securely in the bike rack during school hours. Students riding bicycles are required by state law to wear a helmet. If safety rules are not followed, the privilege of riding a bicycle to school will be revoked.

Skateboards, scooters, roller blades, and roller sneakers are not to be ridden to or from school. Riding skateboards, scooters, and rollerblades/sneakers on school grounds is prohibited at all times.

Dogs/Animals

In order to provide for the health and safety of La Cañada Unified students, staff, and visitors, we have a **NO ANIMALS** policy on school grounds except for service dogs. Please do not bring

your dogs on school grounds when dropping off or picking up your children. Thank you for your understanding and cooperation in this matter.

EMERGENCY/DISASTER PREPAREDNESS

An emergency situation on campus can be an anxiety-provoking event. In order to be prepared, each month all schools participate in school-wide drills to insure that our staff and students are trained to follow the District and School Site emergency procedures.

If an earthquake or other serious disaster occurs during school hours, children will evacuate the building after it has been deemed safe to do so. For their safety and protection, we will detain children until they are picked up by their parents or by one of the alternates who is authorized on the emergency/disaster cards. Please do not ask anyone else to pick up your child(ren) unless we have written confirmation authorizing that individual to take custody of your child(ren). Adults must have a picture ID to pick up a student during a disaster. The school will send a phone message to all phones to clarify the situation in a specific disaster.

In partnership with the PTA, food, water, and emergency supplies are stored on campus and are sufficient to provide for the safety and welfare of our children for several days if necessary.

In the event of a disaster, experts say that parents often panic and rush to the school to pick up children. Please remember that often children are physically safer in a controlled school environment than they may be in other, more isolated situations. We have devised a plan for the orderly release of children so that we can account for each and every child. It is imperative that we have accurate emergency information on each child and that people designated as “emergency contacts” know what they are to do in the event of an emergency.

We ask that you do the following:

1. At the beginning of each school year, provide us with your emergency contact information for each child. You will be able update this information online, and we ask that you return a printed and signed emergency contact form to your child’s teacher as proof that you have completed this very important task.
2. Provide an updated and accurate list of emergency contacts. Keep the list updated throughout the school year as changes occur.
3. Review the “Disaster Preparedness” pamphlet with your children and emergency contacts.

In the meantime, we suggest that each family design its own disaster preparedness plan. ***Radio stations KFI (640 am) and KNX (1070 am) broadcast school closure information. In the event of an emergency outside operating school hours, please refer to the radio for school closure information as well.***

Our *SchoolMessenger* phone calling system calls all parents in the event of a disaster. In a real disaster, please listen carefully to the message we send. We will give you directions on where to

pick up your child. In most cases, you will pick up your child at their elementary school. But in the case of a nearby fire, we may evacuate to a safer place.

School bells trigger the classroom's response to different disaster situations. Students and staff are trained to listen for a series of short repetitive rings to indicate a fire. If students are in the classroom, their teacher guides them to a predetermined location on the field. If a fire were to occur while students are at recess or lunch or other non-classroom activities, they are directed to reunite with their classroom on the field.

In the event of an earthquake students and staff are trained to take a "Duck and Cover" position and are then escorted to the field. All classes will remain on the field under the supervision of a teacher until released to an authorized adult.

CONTACTING STUDENTS/PHONE USE

Delivering Items - Lunches, lunch money or homework/projects need to be brought to the office and have the student's name clearly marked. Students are not permitted to wait inside or outside the office for forgotten items. ***We will not interrupt class*** to notify a child of items delivered to the office; however students are permitted to check for delivered items at recess and lunch. Please discuss this policy with your child in advance so he/she will know to check in the office for forgotten items at the appropriate time.

Messages to Students – Messages to students will be delivered to class only in ***emergency situations***. We will notify students to come to the office when eyeglasses are delivered or when medication must be administered. **Please do not disrupt classroom instruction.**

Phone Use - Permission by a staff member must be given for students to use the office telephone. Students are not allowed to call home for forgotten lunches, lunch money, and homework assignments or to make after school play date arrangements.

Cell Phones – Students are permitted to have a cell phone at school; however it must be turned OFF and stored in their backpack during school hours. Cell phones are NOT allowed to be used during any part of the school day (including recess and lunch). Cell phones will be confiscated and returned to the parent if students are using cell phones during the school day.

MISCELLANEOUS

LCUSD Student Technology & Internet Use Agreement

The La Cañada Unified School District has established ethical standards for the use of technology and technological resources in its schools. LCUSD has taken steps to guide student use of the Internet, including installation of blocking software to limit access to inappropriate information. In addition to providing instruction, LCUSD continually monitors student use of technological information. ***Every student and parent in grades TK-6 are required to read, sign, and return the LCUSD Student Technology and Internet Use Agreement*** (available on the district website under the Technology tab, Technology Forms link). Please carefully review the

terms of these agreements with your child. Inappropriate use of technology will be dealt with under the terms of the district's and school's discipline policies.

Parent-Teacher Communication

Parent-Teacher Conferences are held in the fall for students in Transitional Kindergarten through sixth grade. At Back to School Night, sign-ups for conferences may be available in each classroom. All TK, Kindergarten and 1st – 3rd grade students have individual conferences. Conferences for 4th - 6th grade students are scheduled on an as-needed basis. Conferences may be scheduled throughout the school year as needed by teacher or parent request.

Please contact the classroom teachers when you have questions or concerns. Messages to teachers can be emailed directly to them or given to the office. If you would like to meet with your child's teacher, please avoid "dropping in" unannounced. Though it may appear that a teacher has a free moment, they are often engaged in supervising students or preparing materials or lessons for their class. You can make an appointment with any teacher by emailing them or leaving a message in the office.

Homework Policy

The La Cañada Unified School District policy recognizes that the actual time required for assignments may vary with the study skills of the individual student and the course load. Parents are encouraged to contact their student's teacher or counselor if they observe either excessive or insufficient time being spent on homework or if they have questions concerning the appropriateness of specific homework assignments.

The La Cañada Unified School District recommends the following time periods:

- Kindergarten:** Students are not required to have daily homework; however, kindergarten teachers shall provide approximately 10 minutes of daily homework. This will help students establish a study routine and reinforce concepts and skills being taught in the classroom.
- 1st Grade:** First graders shall be responsible for school related homework activities designed to be completed in no more than 20 minutes per school day.
- 2nd Grade:** Second graders shall be responsible for school related homework activities designed to be completed in no more than 25 minutes per school day. Additional independent reading is also assigned. *
- 3rd Grade:** Third graders shall be responsible for school related homework activities designed to be completed in no more than 30-40 minutes per school day. Additional independent reading is also assigned. *
- 4th Grade:** Fourth graders shall be responsible for school related homework activities designed to be completed in no more than 50 minutes per school day. Additional independent reading is also assigned. *
- 5th Grade:** Fifth graders shall be responsible for school related homework activities designed to be completed in no more than 60 minutes per school day. Additional independent reading is also assigned. *
- 6th Grade:** Sixth graders shall be responsible for school related homework activities designed to be completed in no more than 60-90 minutes per school day. This

time also includes self-review, self-preparation, self-reflection, study, memorization, and independent projects. Additional independent reading is also assigned. *

*Required independent reading is based on the total number of minutes and/or pages read over a block of time. Student reading might not occur every evening; longer weekend blocks of reading might be used to reach the overall totals.

It is the view of the District that homework helps students take responsibility for their own learning, provides opportunity outside the classroom to develop constructive study habits, provides additional opportunity to reinforce basic skills, and provides supplementary learning experiences.

Students in grades 4-6 are expected to turn in completed homework when it is due. Failure to submit homework assignments completed and on time may affect a student's grades.

Textbooks & Classroom Materials

The school furnishes textbooks and basic classroom materials. However, each child is responsible for the maintenance of textbooks. In the event of loss or more than normal usage, the parents will be billed for the cost of the textbook. At the beginning of the year, children do receive a recommended school supply list from their teacher with the items they will need. PTA sells "School Paks" with supplies for each grade level.

School Agendas:

School Agendas are required for use by all students in grades 4-6, and may be required for students in grades 3. The School Agenda is a notebook organizer that builds consistency for students to record and track their assignments. *It is most effectively used when parents look at it with their child daily as it serves as a communication tool between school and home.* The School Agenda is available for purchase at school.

Assessments and Report Cards

A variety of assessments, including teacher-made tests, end of unit assessments, projects, and reports are used by classroom teachers to monitor student progress. Assessments are given throughout each trimester on a regular basis.

Report Cards – TK and Kindergarten students receive report cards at the end of the second and third trimesters. Students in grades 1-6 receive report cards at the end of the first, second, and third trimesters.

Physical Education

Students participate in physical education daily for approximately 30 minutes under the direction of a physical education teacher and P.E. aides. Students participate in games and sports and have an opportunity to develop fine and gross motor coordination skills. Concepts of health education are taught during the physical education periods as well as in the regular classroom setting.

Each child is required by law to participate in physical education activities unless a note from the doctor excuses that child from these activities. Because dressing facilities are not available, children's everyday school dress should also be suitable for physical education activities. Sandals or open toed shoes may not be worn during PE or recess activities. Students should wear closed toed shoes suitable for PE and active outdoor play.

Injuries

If a child has sustained an injury outside of school, the child must bring a note from their parent(s) excusing them from PE and/or recess up to three days. For four or more days, the child will need to bring a doctor's note. Children with a cast, crutch, brace etc. must have a doctor's note. They will not be allowed to participate in PE and/or recess unless the doctor's note states otherwise.

Air Pollution Episode Emergency Plan

Notification of air pollution episodes will be received by a radio-receiver installed and monitored at the District Office. Notification of alerts will be issued to all schools and the maintenance department. When the temperature reaches 95 degrees or more, physical activity will be prohibited and there may be a schedule change.

Special Education / Resource Center

The Individual Education Program (IEP) conference determines the eligibility for services and the type of program needed. The resource teachers work with students individually or in small groups both in regular classrooms and/or by clustering students for specific instruction in the Learning Center/RSP room. Close communication is maintained with the classroom teacher and with parents. The resource teacher also serves as a resource to teachers and assists in the modification of classroom and instructional materials. Additionally, they provide training for instructional aides working with identified children.

Promotion/Retention Policy

Promotion to the next grade level is based on a number of factors that include potential, academic progress, social and emotional progress, as well as the desire to succeed. Using criteria in the District's Promotion/ Retention Policy (BP5123), a teacher may recommend that a student be retained in the same grade level for an additional year. The teacher must notify the parent by November 15th if the student is not making adequate progress. The student is referred to the Student Study Team to implement recommendations for remedial instructional services. During the year, teachers will communicate with parents regarding student progress. By March 15th, formal written notice must be sent to parents of students who remain at risk of retention. Prior to the final decision being made, parents will have the opportunity to meet with the teacher to review assessment results. The final determination promotion/retention will be made at a Student Study Team meeting during the last 30 days of school.

EDUCATIONAL SUPPORT SERVICES

School Counselor

Our full-time school counselor, in collaboration with our administrator, staff, and parents, continually develops ways to most effectively support and meet the needs of our TK-6 students. Through classroom lessons and individual and small group counseling, students have the opportunity to learn skills that build confidence for school success.

School Psychologist

Our school psychologist works with the educators, parents, and other professionals to create an Individual Education Plan for students with special needs. The school psychologist has the primary responsibility for assessing students who may require the services of special education.

Speech Pathologist

Speech therapy includes remediation services for articulation problems, language delay and other language and/or hearing difficulties. Students may be referred for a Speech screening by the classroom teacher or parent request.

Student Study Team (SST)

The SST serves as a school resource where the classroom teacher(s) and parents can discuss their concerns about a child's school performance with a team of educators, including the School Counselor and/or administrator, specializing in child development and learning issues. Academic, behavioral and/or social/emotional concerns are the focus of the SST with the goal of developing plans to help children experience as much school success as possible.

ENRICHMENT PROGRAMS

Gifted and Talented Education (GATE)

The State provides supplementary funds for those children who are identified as gifted. Identification for the GATE program begins with an assessment given only with parent permission in the second half of third grade and in August for newly enrolled 4th, 5th, and 6th grade students. Students may qualify either through this assessment or through the alternative criteria established by LCUSD. Beginning with the fourth grade, students who qualify for GATE participate in a differentiated program to enhance their achievement, creativity, critical thinking, problem-solving skills and self-concept in the regular classroom setting. Students also receive extended interaction with other GATE students in a weekly grade level pull-out class and through other enrichment opportunities.

Instrumental & Vocal Music

Instrumental music instruction is funded by the Assistance League of Flintridge and made available to children in grades 4 through 6. A student may elect to play a stringed instrument (violin, viola, and cello, bass), woodwind (flute, clarinet, oboe, and saxophone), brass (trumpet, trombone, French horn, and baritone) or percussion (drums). Beginning, intermediate, and advanced classes are offered. Instruction is provided weekly before school and/or after school

(818 790-2211). In addition, the LCF Educational Foundation supports an instructional music program for all students in grades TK-6.

Visual & Performing Arts

The LCF Educational Foundation provides for an art specialist who teaches art that is correlated with the regular classroom curriculum. The art program is available to all TK-6 students. The Educational Foundation also provides for a specialist who teaches drama to all students in grades 4-6. The drama program is shared by the three elementary schools so that each site receives drama one third of the year.

Spanish Language

The La Cañada Flintridge Educational Foundation provides an optional Spanish class on campus to students in grades 3-6. Classes are held according to the established Spanish calendar available in the main office or school website. The program is a full-immersion instructional program that starts with basic vocabulary development and introduces children to reading and writing as it progresses through the year.

SCHOOL LIBRARY

The school library is open throughout the school day to students and faculty. While students change teachers annually, the library remains an ongoing center of activity with continuing familiarity to all students throughout their years at the school.

All students visit the library at least once a week at a regularly scheduled time. Students in the upper grades also come to the library for group projects and reference research. They are encouraged to make arrangements with the school librarian when needed for additional time.

The librarian will prepare bibliographies for students with special reading interests and for teachers in special subject areas. The library is also available to parents working on volunteer projects, such as Art Docents, etc.

HEALTH SERVICES

The school's health clerk is primarily responsible for maintaining student health and immunization records. The health clerk is on campus every day and works under the supervision of the District nurse. Only basic first aid is administered in the health office; however, upon written request of the parent and with a doctor's order, medication may be kept in the health office and administered as directed. No child is permitted to carry his or her own medication during the day. The health clerk must be contacted if your child needs to have access to emergency medication at school, such as an asthma inhaler or an EpiPen. All medications given at school, prescription or over the counter, including Tylenol, cough drops, throat lozenges, etc. require a written request. A medical request form is available from the health clerk.

The nurse comes to the elementary school on a regular basis to review health records, to update the staff on current health issues, and to provide special services, such as vision and hearing screenings. The nurse also advises the teachers and staff on the health needs of students assigned

to them. Please do not send your child to school with a home injury to ask the school nurse or health clerk for an assessment if a doctor's examination is indicated.

At the beginning of each year, emergency information is requested. Please update all medical information as required. Your child's medical information must include a list of any known allergies. In the event that your child becomes ill, you will be contacted immediately. If you are not available, the office will follow your emergency instructions. Please be sure that alternates have been contacted and that they know they are responsible for your child in the event that you cannot be located. Please include emergency contacts located nearby.

To keep our school environment as healthy as possible, before coming to school, children must be free of fever, vomiting or diarrhea for 24 hours. They must be free of any acute symptoms of illness (sore throat, productive/chronic cough, green nasal discharge or upset stomach). If your child has been diagnosed with a contagious disease, (i.e. strep throat, pink eye, chickenpox, scabies, lice, etc.) notify the school health office **IMMEDIATELY**. Upon return, student must check-in through the Health Office and provide a doctor's note before being readmitted to school.

ANY CHANGES IN THE EMERGENCY INFORMATION, INCLUDING CHANGES IN THE HOME/WORK/CELL TELEPHONE NUMBERS, EMPLOYMENT, ETC., SHOULD BE SENT TO THE OFFICE IMMEDIATELY.

TITLE IX: SEX DISCRIMINATION

The La Cañada Unified School District maintains as its policy that all aspects of the District's employment, curriculum, counseling and guidance, physical education and athletic program, be free of discrimination on the basis of sex as defined in Title IX. In accordance with the law, a set of grievance procedures will be available at all schools as well as the District Office.

GENERAL SCHOOL INFORMATION

Lost and Found

Articles that have been lost and found should be turned in to the Lost and Found collection area. Smaller articles of value, such as jewelry, wallets, or glasses should be taken to the school office. **Please mark all children's clothes, lunch boxes, glasses, and school supplies so that lost items may be returned to the owners.** Items not claimed by the 5th of each month will be donated to welfare agencies.

Dress Standard

Students are expected to dress appropriately. Appropriateness, safety and cleanliness are the three factors that should be considered. Appropriateness means a student comes to school dressed for school activities. Crocs, flip flops, platform shoes, halter tops, short-shorts (shorts must be finger-tip length) excessive jewelry, T-shirts with inappropriate messages, and excessively baggy pants are not allowed. Students are very active on the playground, and these items often contribute to unwarranted injuries or create negative attention. Students are allowed to wear hats for sun protection only, but must take them off when entering classrooms and school

buildings. If a student's dress is felt to be unsafe or inappropriate for an elementary campus, the parent may be contacted and requested to bring a change of clothing.

Morning Snack & Lunch:

1. All students will enter the cafeteria through the southeast door if buying lunch, and through the southwest door if bringing a sack lunch.
2. There are no "saved" places for friends or cuts.
3. A single file cafeteria line will be enforced. Students are not to cluster around the cashier area. Students will be directed to the end of the line if the rule is not followed.
4. Politeness, respect, and turn taking will be enforced. Students not displaying these behaviors may be directed to the end of the line.
5. Healthful lunches are encouraged. Candy, soda, canned food, microwave lunches, or dried foods in containers that require water are not permitted.
6. Cafeteria students will sit in designated areas, unless the supervisor has designated the day as "free seating". Students are to remain seated in the designated areas unless given permission to move.
7. Students are to have all needed lunch items prior to sitting down at the table and are to remain there until excused. Students that are finished eating lunch are also expected to remain seated.
8. Students are encouraged to maintain a low conversation level in the cafeteria.
9. Students are responsible for the cleanliness of their eating area and may not be excused to the playground until the supervisor has given permission.
10. Other snack purchases may be made only after eating lunch and may be eaten only in the pavilion area.
11. Students may not spend lunch money on snacks.
12. Due to allergies and other personal reasons, students may not share food.

Classroom Party Policy

1. **Each classroom may have two planned parties per year during instructional time:**
 - 1) A winter holiday party, held on the day before winter recess begins
 - 2) An end-of-the-year party, held on the last day of school.The PTA room representative will check with the classroom teacher to determine the time of the party, the duration, the activities, the food, and any "favors" to be distributed. The classroom teacher must approve all aspects of the party. Teachers are responsible for making certain that students who have medical conditions or allergies to certain foods are accommodated at all times during these events.
2. **Birthday parties are not celebrated during class time.** In TK and Kindergarten, parents may send party favors (not food items) to the classroom on their child's birthday and the classroom teacher will plan an appropriate way to distribute these items. Other grade levels may want to do something to recognize student birthdays within the context of instruction, but food items are not to be a part of that. ***The classroom teacher must be contacted in advance of any party planning.***

- 3 **The sixth grade** end-of-trimester and end-of-the-year activities for sixth grade students are planned and implemented by the sixth grade teaching team and site principal, with assistance from the sixth grade PTA room representatives and other parent volunteers.

ANTI-BULLYING POLICY

The La Canada School District believes that all students have a right to a safe and healthy school environment. The district, schools, and community have an obligation to promote mutual respect, tolerance, and acceptance.

Our elementary schools will not tolerate behavior that infringes on the safety of any student. A student shall not intimidate or harass another student through words or actions.

Bullying among children encompasses a variety of *negative acts* carried out *repeatedly over time*. It involves a *real or perceived imbalance of power*, with the more powerful child or group attacking those who are less powerful.

Bullying can take several forms: physical (hitting, kicking, spitting, pushing, taking personal belongings); verbal (taunting, malicious teasing, name calling, racial slurs, and making threats); psychological (spreading rumors, manipulating social relationships or engaging in social exclusion, extortion or intimidation), and cyberbullying (use of technology to harass, threaten or humiliate). There is a difference between normal peer conflict and bullying:

Knowing the Difference Between Normal Peer Conflict and Bullying*	
Normal Peer Conflict	Bullying/Harassment
Peers have equal power or are friends with each other.	Imbalance of power between peers; not friends.
Conflict happens occasionally or rarely.	Repeated negative actions that happens often.
May be accidental.	Purposefully done.
May not be serious; no threat of harm.	Serious with threat of physical or emotional harm.
Equal emotional reaction from both peers.	Strong emotional reaction from victim and little or no emotional reaction from bully.
Not seeking power or attention and not trying to gain something.	Seeking power, control or material things.
General remorse - will want to take responsibility.	No remorse - bully blames victim; no guilt from bully.
Effort on both sides to solve the problem.	No effort to solve the problem.
*Adapted from <i>Bully-Proofing Your School</i> , 2004	

Our elementary schools expect students to immediately report incidents of bullying to school staff. Staff is expected to immediately take action when they see or hear of a bullying incident. Each complaint of bullying will be promptly investigated. This policy applies to students on school grounds, while traveling to and from school, during the lunch period, whether on or off campus and during a school-sponsored activity.

Teachers will discuss this policy with their students in age-appropriate ways and should assure them that they need not endure any form of bullying. Students who bully are in violation of this policy and are subject to disciplinary action.

The steps for intervening in bullying behavior include, but are not limited, to the following:

1. All staff, students and their parents will receive a summary of this policy prohibiting bullying at the beginning of the school year as part of student orientation, included in the student handbook and/or information packet, and as part of the school system's annual notification to parents.
2. Staff is expected to take immediate action when they see a bullying incident or when an incident is reported.
3. The school will consistently follow established progressive discipline procedures in dealing with students who violate school rules and/or the school's Anti-Bullying Policy.
4. People witnessing or experiencing bullying are encouraged to report the incident; such reporting will not reflect on the victim or witnesses in any way. In addition, students who retaliate against witnesses or those reporting bullying behaviors are subject to disciplinary action.
5. The school will make reasonable efforts to keep a report of bullying and the results of an investigation confidential.

STUDENT CONDUCT AND RESPONSIBILITY

School is often the first place children begin to develop an understanding of their own needs and wants, as well as the needs and wants of others. It is a place children begin to "negotiate" turn taking, confront issues of fairness, and resolve differences. At La Cañada Elementary School we are committed to providing a safe, academically challenging, and socially instructive supportive environment in which children can learn and grow. PCY uses the principles of the 40 Developmental Assets and SAFE schools, where students are taught how to make good choices and to solve differences peacefully. By establishing a clear set of school policies and rules for both the classroom and the playground, and actively recruiting parent support, we believe we can teach our children to be responsible young people.

Rules for Responsible Behavior

At LCUSD elementary schools, we believe that a positive environment, where responsible behavior is recognized and rewarded, fosters individual growth, lasting friendships, and pride in the community. We want all students to be proud of their own sense of responsibility. Students can be empowered to make good choices for themselves and others by learning to use the following basic interventions when confronted by unacceptable behaviors in others.

Say “Stop” Students can be advocates for themselves by letting others know that the behavior is hurtful or threatening.

Walk Away Students can avoid hurtful or threatening situations by walking away. We want students to learn that they can choose to be safe and socially responsible at school.

Talk to an adult We encourage students to go to a supervisor on duty, a teacher, a staff member, or an administrator when they need help.

When Students Struggle With Rules

Our role at school is to model, help shape, and work supportively with students to develop responsible behaviors. We view inappropriate student behaviors as opportunities to positively intervene, to provide coaching, and to prompt problem-solving skills among our students. Children grow when they have knowledge and feedback about their actions, understand the reasons for rules, and are given opportunities to practice appropriate behavior.

The type of consequence is based on the severity of the incident and the maturity of the individuals involved. We also acknowledge that behavior determines consequences. Below is a list of possible steps the staff uses to support and intervene with students who periodically struggle with rules. Please remember, struggling with rules is a part of growing up. Learning from mistakes now will lead to better choices later.

1. As problems emerge, the teacher will meet and counsel with the student. Teachers are encouraged to brainstorm and informally seek the advice of other staff members. Strategies used in the classroom may include positive praise, individual and group incentives such as points, earning privileges or recognition, “time-out” or quiet areas in the classroom, loss of privileges or play periods, detention, and/or individual student contracts.

Emphasis is placed on replacing inappropriate behavior with an alternate appropriate choice. Frequently, simply telling a student what *not to do* is not enough. A student also needs to know *what to do* instead.

2. If a pattern of problems continues, the teacher will share his/her observations and concerns with the parent and encourage a home-school solution.
3. If the behavior(s) continues, or if the problem is felt to jeopardize the personal welfare of other students or staff members, the principal will intervene.
4. If problems do not improve, the principal, parent, teacher, and in some cases, the school psychologist/counselor will assist in determining ways of altering the unwanted behavior. These may include a home-school contract, detention, exclusion from specific activities or from a particular peer group, or other techniques that may be helpful.

Occasionally, if a student’s behavior is felt to regularly interfere with his/her classroom performance, the teacher may make a referral to the Student Study Team (SST). The SST is an informal body of colleagues, which may include the principal, the counselor, or

the school psychologist, whose purpose is to generate formal or informal academic or behavioral interventions for the teacher to implement. The parent is informed that an SST is recommended.

Please note that UNSAFE behavior that is investigated and confirmed can and will result in SUSPENSION from school. Physical violence and severe disrespect/defiance will not be tolerated.

Some examples include (but are not limited to):

1. Fighting/Instigating Fighting
2. Physical Violence that is intentional and harms others.
3. Threats of violence
4. Bringing weapons (guns/knives or any object intended to harm another person)
5. Vandalism
6. Stealing

In these cases, parents will be notified by the principal in a timely manner. A meeting will be required and the incident will be documented to ensure all parties are involved and a plan is established for improved student behavior.

General School Conduct

We believe school rules need to be clear and consistently enforced. The following is a detailed list of rules that apply to different times of the day and different areas of the campus, including specific game rules played during recess periods.

1. Students must walk in the hallways and sidewalks.
2. Games of tag or chase are not allowed anywhere on the campus or school sidewalk areas.
3. Students are not allowed on the loading dock areas. *Jumping off the loading dock areas, sliding down the hill areas, or jumping over the concrete wall on Encinas Drive side of campus is not allowed. Sliding down the embankments on La Cañada Blvd. is not allowed.*
4. Planted areas may not be used for shortcuts.
5. Students must refrain from making excessive loud noises that may disrupt other classrooms while walking to and from various areas on the campus.
6. Restrooms and drinking fountains must be kept clean and orderly. Paper towels go into trash containers. The toilets should be kept free of any item other than toilet paper.

7. All trash goes into trash containers. Students are responsible for their own trash.
8. Gum is not permitted.
9. Personal student items of play (game equipment, trading cards, toys, etc.) may not be brought to school, unless specific permission is given by the teacher and Principal.
10. Climbing trees or other school facilities is not allowed.
11. No items are to be thrown (rocks, sand, sticks, pine cones, paper wads, etc.).
13. Students may not use profanity. Students may not tease, malign or threaten.
14. Students are expected to follow general rules of safety and appropriate conduct when on field trips. If there are concerns about a student's behavior that may interfere with their safety, the teacher will notify the principal and counsel with the parent prior to a scheduled field trip.
15. Students may not bring or use laser pointers.
16. Students are not permitted to bring or wear shoes with wheels.

Rules for Before School

1. Students must not be on campus before 7:55 a.m. All students must line up on their class assigned number on the playground. There is limited supervision at this time; therefore, students must remain in the line area and playground equipment is off limits. Parents are responsible for providing care prior to the arrival times.
2. Students in grades 4, 5, and 6 may ride their bicycles to school. All riders must wear a helmet and have a bicycle permit on file in the office. Bicycles must be walked on campus and locked securely in the bike rack.
3. Skateboards, rollerblades, and scooters are not allowed on campus at any time.
4. Students who arrive after the start times must check in at the office before going to class.
5. Students are responsible to arrive prepared for class work, bringing the necessary materials and completed homework.

Rules for After School

1. Unless a student is involved in a school-sponsored activity after school, students must leave campus. There is no staff supervision on campus.
2. Because there is no school supervision at the park, we strongly advise against students walking to the park after school.
3. Students should not jaywalk across streets or the driveway to enter vehicles.
4. Students should not ever be in the parking lot area.
5. Games of tag or chase are not allowed. Wait quietly to be picked up. Chromebooks and cell

phones may not be used while waiting in the carline. If a student needs to call their parent, they must first obtain permission from a staff member.

6. The school has authority over the students' behavior while the students are on the way to school or are on the way home. If poor behavior occurs during this time, students are subject to school consequences.

Playground Rules

1. Never leave the playground without a hall pass or getting permission from the yard supervisor. This includes coming to the office, using the bathrooms or the drinking fountains that are not on the playground. You must have a hall pass for the health office. With permission, you may go to the health office with only one partner (not a group).
2. Students must walk "to" and "from" the playground.
3. Only PCY game rules can be used. Do not change the rules.
4. There are no "lock-outs." Any student wanting to play a game (unless there are rule restrictions) can play. Play fairly and allow for others to rotate into the game.
5. Take turns. No one can "hold" a place for a friend. There are no "cuts."
6. Playground equipment is to be used for the game it was intended. Do not kick handballs or basketballs. Misuse eventually ruins the equipment. Put equipment away at the end of recess.
7. Specific games must be played in the area that is assigned for that game. For example, jump ropes are used on the blacktop; kickball must be played in the assigned kickball area. Chasing games and contact sports, such as tag and football, are not allowed.
8. Students are not allowed to dig or throw dirt, sand, rocks, or other unsafe objects at any time.
9. Inform an adult if a ball has gone over a fence.
10. Listen for the Freeze bell or whistle* and follow these directions:
 - a. Get down from play equipment safely
 - b. Stop swings and dismount safely (no jumping)
 - c. Collect playground balls, other equipment and return to equipment containers
 - d. Stop talking and listen quietly for the release bell or whistle
 - e. Walk to designated line-up area or classrooms as directed
11. Try to solve a problem using rules for responsible behavior. Solve game disputes by talking about the problem using appropriate words and a calm voice. Use only the PCY rules of play. You may also play a game of "Rock, Paper, Scissors" to solve the problem. Seek the help of a yard supervisor if needed.

****At anytime a whistle is blown on campus, students are to stop their activity and wait for adult direction.***

Playground Supervision

1. Playground supervisors are encouraged to observe students for good sportsmanship, helpful actions and good problem-solving skills.

2. Non-ball arguments brought to an adult supervisor: Students will be given a choice to sit together and come to a mutual solution, or may be asked to write out their dispute on a reflection form for further action.
3. Ball arguments: The ball will be held by the supervisor until the individuals can agree on a solution to play cooperatively. Student(s) may be redirected to another activity. Student(s) may be asked to describe the situation on a reflection form for further action.
4. Conflicts in which students cannot come to a solution or when a student has a pattern of repeatedly breaking school rules:

First Offense: Student(s) may be “benched” to sit and think about the situation, write about the situation, and/or find alternative solutions for the situation.

Second Offense: Student(s) will be “benched,” and asked to complete a reflection form to describe the situation. Student(s) may be redirected to another activity. The teacher, the school counselor, or the principal will be notified to discuss the behavior with the student(s).

Third Offense: Student(s) will be asked to complete a reflection form to describe the situation. Student(s) will be sent to the principal’s office for further action.
5. Students who are physically hurtful or engaging in bullying behaviors will be referred directly to the principal.

EQUIPMENT AND GAME RULES

Handball

1. One player is the server and the other is the receiver
 - a. The first person waiting in line is designated the judge.
 - b. Two people per game. First two people at court will do one game of “rock, paper, scissors” to determine server.
2. The server has two serves to serve correctly or he/she is out. The server must:
 - a. Serve the ball in a fair manner, not hard.
 - b. The ball must bounce beyond the service line after hitting the wall.
3. The receiver must accept a fair serve. Players waiting in line will determine by majority vote all disputed plays.
4. To return, the ball may be hit before or after one bounce. This is continue until one player is out.
5. No unsafe hits allowed.
6. A player is out when they miss the ball, hit it out of the court or fail to follow the one bounce rule.
7. The winning player remains in and a new player is up.
8. Balls that land on the boundary line are fair.
9. Balls that hit the top of board (treetop) or goes over the board, are out.
10. The ball must bounce only once before hitting the board, and can only bounce once or not at all before the other player must hit the ball.
11. Everyone in line **must stand out of the court** and not interfere with the game.
12. A player, who wins 3 games in a row, including the partner player, must go to the end of the line. The first two people in line begin the new game.
 - a. No tapping court.
 - b. No catching or holding the ball during the game.
 - c. No waterfalls (ball dribbling down the height of the wall) or other made up hits.
 - d. Except for the serve, legal hits include hardies, babies, breakers, slices and spins.
13. There is a maximum of ten players per court.

Kickball

1. Each team, no more that 12 players per team, will kick in a girl/boy order.
2. All players kick before teams switch.
3. All field players, except for the pitcher, must be outside the diamond until the ball is kicked.
4. If a kicker crosses over the white “kicking zone” line in front of home plate before kicking the ball, the ball is considered foul and a strike is called.
5. A runner may not steal a base or lead-off.
6. A player is out:
 - a. if a shoe(s) comes off while kicking or running the bases;
 - b. if a fielder touches the base with any part of his/her body while the ball is held before the runner reaches the base;
 - c. if a runner is tagged before reaching the base - no throwing the ball at the runner;
 - d. if a fly ball is caught;

- e. if a runner runs more than 3 feet outside the baseline to avoid being tagged out;
 - f. if a kicker has four foul kicks;
 - g. if two runners end up on one base, the runner who was occupying the base first is safe;
 - h. if a base runner passes up another base runner, the runner who passed his/her teammate is out;
 - i. if a runner is touched by the kicked ball before the outfield team touches it;
 - j. if attempting to steal a base or lead-off.
7. A “tie” at a base means the runner is safe.
8. There are no tag-ups after a fly ball is caught.

Tetherball

1. No tapping court.
2. First two players determine who serves by one game of “rock, paper, and scissors.” Winner serves. Server decides what half of court to serve from and decides direction ball.
3. First person waiting in line is the judge.
4. Winner of each game chooses his/her half of court to serve from and decides direction ball to be served.
5. A player who wins three games in a row must go to the end of the line after his/her third win. Newcomer serves.
6. The ball can be hit with an open or closed hand.
7. The player who winds the rope and ball completely around the pole in their direction of play so that the ball is tightly against the pole is the winner.
8. If a game is “never ending” because the two players are playing a “friendship game” (playing in a manner so no one is out) the judge calls “25 HITS.” Both players then hit the ball a combined total of 25 hits. After the 25th hit both players are out and go to the end of the line. Two new players refer to rule number 2.
9. If a player does one of the following, he/she is out:
 - A. Hitting the ball with any part of the body other than the hand.
 - B. Holding or catching the ball during play, other than the serve.
 - C. Holding the pole during the game.
 - D. If a player touches, hits or grabs the rope.

Four Square

1. No tapping court.
2. Four players, one in each square (A-D). The server is in square A.
3. The first person in line is judge.
4. Players may use one or both open hands to hit the ball.
5. Player movement is from square D to C to B to A (server).
6. The server must:
 - A. Bounce-serve the ball to any player.
 - B. Serve is made with both hands open and within the boundaries of the receivers square. If not, server is out.
 - C. Serve with both feet in server’s square.

7. After one bounce, receiving player hits the ball underhand to another square.
8. A player is out if:
 - A. The ball lands out of bounds on a return hit.
 - B. You attempt to return a hit ball but it bounces in your square first before bouncing into other players square.
 - C. The ball bounces more than once before a player hits it.
 - D. Player hits the ball before it bounces in his/her square.
 - E. Player holds the ball.
 - F. Ball bounces over a player's head. No slamming the ball. The player who hit the ball is out.

Switch

1. Players take positions on the corners of the Four Square court.
2. Only 5 players are allowed to play at a time.
3. Player that is "it" stands in the center.
4. Corner players must attempt to go to a new corner.
5. If a corner player gets beaten to a new corner by the center player, he/she becomes "it" and takes the center position.
6. If there is a tie at a corner, players will use "rock, paper, scissors" to break the tie.

Play Structure Rules

1. No chasing, running or tag games. No horseplay.
2. Take turns and do not push, shove, pull or grab anyone using the structure.
3. No standing or sitting on top of the monkey bars (horizontal ladder).
4. No jumping off of the high platforms or any other part of the structure.
5. One person at a time may cross the ladder. Others follow in the same direction.
6. No playing under the ladder area.
7. Rules for the slides:
 - A. One person at a time slides down, no trains.
 - B. No jumping off the side rails.
 - C. No climbing up the slide.
 - D. Slide down feet first in a sitting position only.
 - E. Do not play in front of the slide.

Fitness Bars

1. No standing on the bars.
2. No cherry drops, butterflies, unsafe spins or movements that involve two persons on the same bar are allowed.
3. Any student with blisters must remain off the bars until blisters have dried and hardened.

Horizontal Ladder

1. Do not sit or stand on top of the ladder.

2. One person at a time may cross the ladder. All persons cross in the same direction. First person in line determines the direction of travel. Travel by using hands only. No leg scissors of another person are allowed.
3. No horseplay on or under the ladder. Do not grab, pull or shove persons crossing the ladder.
4. Any student with blisters must remain off the bars until the blisters have dried and hardened.

Climbing Bars (Jungle Gym)

1. Maximum six students.
2. No jumping off the Jungle Jim.
3. Check area around bars when climbing, be careful not to step on the hands of others or slide down center pole landing on someone below.
4. For your safety do not play in the sand area in the center of the Jungle Gym.

Swings

1. One person at a time on each swing.
2. For your safety no horseplay, sitting, lying, or walking on the matted area is allowed. Only the persons swinging are allowed on the mat.
3. Persons waiting to swing must stand on the outer edge of the mat in front of the swing they are counting on. You will count 40 swings. Counting each forward motion of the person swinging.
4. Dismount safely. Please stop the swing before getting off. No jumping off, cherry bombs or other unsafe dismounts.
5. Swing in a forward and backward motion only.
6. Do not lie or stand on the swing seat. Do not grab the swing chain of the person next to you. No “spinners” (twisting the chain while seated).
7. If you do not dismount after a correct 40 count you will be asked to leave and go to another play area. If there is a dispute regarding game rules the judge will check the PCY rules of play for an interpretation. The judge may seek adult help for the interpretation. A ruling will be given to the players involved.

Soccer

1. No more than 15 players on each team.
2. Game begins with a kick-off.
3. When a team member kicks the ball through the opponent’s goal box, his/her team scores one point.
4. After each goal is scored, a kick-off is made by the team not scoring the goal.
5. When the ball goes out of bounds it is put into play by the opposing team by a throw-in.
6. Attacking players must be even with or behind the line of the ball.
7. Personal fouls include: roughness, tripping, striking, holding and pushing. Slide tackles are not allowed.
8. It is a foul for any player, other than the goalie, to handle the ball. The penalty is a free kick for the other team.

Basketball

1. No tapping courts.
2. Half-court games only if deemed by the playground supervisors.
3. Maximum number of players in a half-court game is 10.
4. Do not hang from rims or nets.
5. Traditional rules and scoring will be applied.

Knock-Out

1. Form a single line and hand the balls to the first two players in line. The first player will shoot. Once they have gotten their shot off, the second player may shoot.
2. Everyone's first shot must be taken from the same distance (like the free-throw line).
3. If the first shooter makes a basket before the second, they hand the ball off to the next person in line.
4. If the second shooter makes a basket before the first, the first shooter is eliminated. The balls are then handed to the next two players in line and play resumes.
5. The order of the players can never change during the game.
6. The game continues until all but one player has been knocked out. This one talented player is the winner!
7. In Ultimate Knockout, the game is never ending. The previously knocked out player is allowed back in the game once the "knoker" has been knocked out.

Horse

1. This game can be played with two or more players.
2. If there is disagreement, the person who will shoot first shall be determined by rock, paper, scissors.
3. Shots can be attempted from anywhere on court. No dunking!
4. The first player shoots the basketball from wherever a self-selected spot on the court.
5. The second player gets to take the next shot. If the first player made the basket, the second player has to make the shot from wherever the first player made the shot. If the first player missed the shot, the second player can shoot from anywhere on the court.
6. Get a letter when you fail a challenge. If you are trying to copy the person before you and miss the basket, you get the letter H. Each time you make this mistake, you get a new letter, spelling out H-O-R-S-E. When you spell out the full "HORSE", you lose the game.
7. You can't get a letter when you invent the shot. If you miss the basket, play passes on to the next player without penalty.
8. If everyone succeeds in making the basket from the same spot as the challenger, the challenger gets to invent a new challenge.

Hopscotch:

1. The game starts as player 1 hops forward and back through the diagram in the following way:
 - a. Hop on one foot into squares one, two and three
 - b. Land in squares four and five with the left foot in four and the right foot in five.
 - c. Jump on one foot in square six.

- d. To both feet again in squares seven and eight.
 - e. Jump into square nine on one foot, turn and repeat the process while returning to the starting place.
2. Upon returning to the starting place player No. 1 throws his marker into square one. Hopping over square one he/she travels forward and back through the diagram as before. On his/her return he/she pauses in square two, picks up the marker, hops in square one and out of the diagram.
 3. The game continues as player No. 1 throws the marker into the next higher square. Each time the player hops over or around the square with the marker when traveling forward, and picks up marker on the return trip.
 4. If player No. 1 commits one of the following fouls he/she leaves the marker in the last square completed successfully and goes to the end of the line. The rest of the players rotate forward one position.

Fouls:

1. To hop on a line
2. To throw the marker in the wrong square or on a line.
3. To hop in a square containing a marker.
4. To touch the surface with the raised foot, except in squares four and five or seven and eight.
5. To change hopping foot after starting.
6. Each player in line repeats the actions of player No.1
7. On succeeding turns each player starts where the marker was left after the last turn.
8. Scoring: The first player to lag into square nine, hop forward, pick up the marker and return from the to the staring place without committing a foul, wins.

PARENT COMMUNICATION / WEBSITE / SOCIAL MEDIA

In addition to classroom communication from your child's teacher and the periodic phone calls/emails from the school, our school utilizes a variety of media outlets to get the most current news and information delivered to parents and the community. You can stay up-to-date on school news and events by visiting PCYCougars.net. Our website contains a complete calendar of events, current announcements, teacher webpages, student and parent resources, monthly messages, and more! For real-time updates, you can also follow us on Twitter ([@lcelions](https://twitter.com/lcelions), [@pcrpanthers](https://twitter.com/pcrpanthers), and [@pcycougars](https://twitter.com/pcycougars)), and Instagram ([@lceblaney](https://www.instagram.com/lceblaney), [@pcrpanthers](https://www.instagram.com/pcrpanthers), and [@pcy_cougars](https://www.instagram.com/pcy_cougars)). If you'd like occasional text updates delivered right to your phone, you can sign up for our school's Remind service by texting [@lcefam](https://www.remind.com/) to 81010; [@pcrfam](https://www.remind.com/) to 81010; and [@pcyfam](https://www.remind.com/) to 81010.



ELEMENTARY SCHOOLS' PARENT AND STUDENT HANDBOOK SIGNATURE FORM

Name of Student: _____

Teacher: _____ Grade: _____

Please read the Handbook and complete the following:

I have read and reviewed the ELEMENTARY SCHOOLS' PARENT AND STUDENT HANDBOOK. I have reviewed school rules, behavior expectations, and the Anti-Bullying Policy with my child.

Parent Signature: _____

I agree to follow the school rules, the behavior standards, and the Anti-Bullying Policy.

Student Signature: _____