

Avoyelles Parish Public School

K-6 Grade

Lunch Menu

September 2015

Monday	Tuesday	Wednesday	Thursday	Friday
31 Beef nachos with cheese Salad Cup Or Refried Beans Fruit Cocktail Milk Choice Salsa	1 Salisbury Steak Mashed Potatoes and Gravy Steamed Cabbage Cornbread Apple Wedges Milk Choice	2 Chili Dog on Bun Carrot and Raisin Salad French Fries Sliced Oranges Milk Choice	3 Chicken Patty on a Bun Lettuce, Tomato, Pickle Corn on the cob Apple Wedges Milk Mayo, Mustard, Ketchup	4 Hot Ham and Cheese Sub Sweet Potato Fries Broccoli florets Chilled Peaches Milk Choice Mayo, Mustard
 7 Labor Day	8 Turkey Fried Rice Cucumber Slices w/ ranch Orange Glazed Sweet Potatoes Pineapple and Cherries Hot Roll Milk Choice	9 Hamburger Salad Cup Baked Beans Applesauce Milk Choice	10 Spaghetti w Meat Sauce Smothered Green Beans Creamy Coleslaw Orange Wedge Garlic Bread stick Milk Choice	11 Cheese Pizza Whole Kernel Corn Carrot and Raisin Salad Fruit Cocktail Milk Choice
14 Red Beans and Sausage Steamed Rice Seasoned Mustard Greens Golden Cornbread Chilled Peaches Milk Choice	15 Corn Dog Fresh Carrot Sticks Low Fat Ranch Baked Beans Pears Milk Choice	16 Tacos with cheese Mexican Corn Taco Salad Cup Grapes Milk Choice Salsa and Sour Cream	17 Chicken Patty on a Bun Lettuce, Tomato, Pickle Sweet Potato Fries Apple Wedges Juice Bar Milk	18 Stuffed Crust Pepperoni Pizza Tator Tots Sliced Beets Fruit Cocktail Milk Choice
21 BBQ Hamburger on Bun French Fries Lettuce, Tomato and Pickle Sliced Peaches Milk Choice	22 Turkey Fried Rice Cucumber Slices with ranch Orange Glazed Sweet Potatoes Pineapple and Cherries Milk Choice Roll	23 Shepherd's Pie Green Salad with dressing Cinnamon Roll Pears and cherries Milk Choice	24 BBQ Chicken Macaroni and Cheese(1/2c) Baked Beans Marinated Tomatoes Banana and Apple Slices Milk Choice	25 Chicken Tenders Potato Wedges Broccoli and Cheese Sliced Peaches Milk Choice
28 Beef nachos with cheese Salad Cup Refried Beans Fruit Cocktail Milk Choice Salsa	29 Salisbury Steak Mashed Potatoes and Gravy Steamed Cabbage Cornbread Apple Wedges Milk Choice	30 Chili Dog on Bun Carrot and Raisin Salad French Fries Sliced Oranges Milk Choice	1 Chicken Patty on a Bun Lettuce, Tomato, Pickle Corn on the cob Apple Wedges Milk Mayo, Mustard, Ketchup	2 Hot Ham and Cheese Sub Sweet Potato Fries Broccoli florets Chilled Peaches Milk Choice Mayo, Mustard

*All menus subject to change

*Choice of milk with all menus